



# Music for the Mind

**Come and join our free group for:  
Singing, Songwriting, Wellbeing**

**Where: St Andrews Church Hall, Paddock Wood**

**When: Fridays 1-3pm**

**Starts: Friday 7 June**

**To secure a place:**

**Visit: [westkentmind.org.uk/music-for-the-mind](http://westkentmind.org.uk/music-for-the-mind)**

**Call: 01732 744 809**

**Email: [community@westkentmind.org.uk](mailto:community@westkentmind.org.uk)**

